

MENU AND MEAL PREPARATION

You will receive a meal menu monthly.

The meals are prepared in the kitchen at the Delaware County Senior Center and delivered at lunch time.

Special dietary needs will be determined by your doctor

MEAL DELIVERY

Your meal will be delivered hot to your home by a volunteer. You are expected to be home to receive the meal and are responsible for eating your meal right after delivery and for using and disposing of the containers it comes in.

Meals will not be delivered:

- if adverse weather would prevent delivery. Please listen to local radio stations for confirmation of this.
- on holidays and weekends. Holidays are listed on the menu.

HOW TO CANCEL A MEAL

Cancel your meal before 9:00 am if you will not be home to receive it that day. Call 927-5473.

WHAT HAPPENS IF THE VOLUNTEER CAN'T DELIVER YOUR MEAL

We will assume you are having an emergency. Your emergency contacts will be called. If we cannot reach your emergency contacts, the police will be called to check on you. *(That is one of the reasons it is important to call 927-5473 if you will not be home to accept the meal.)*

Count on Us
For
Hot,
Healthy,
Home Delivered
Meals.

Home Delivered Meals



Scenic Valley Area VIII
Agency on Aging
1208 W. Marion St.,
Manchester, IA 52057

Phone: 927-5037 FAX: 927-6134

DEAR HOME DELIVERED MEALS PARTICIPANT:

Scenic Valley Area Agency on Aging is a private, nonprofit agency. We receive a small amount of federal and state funding to provide services for older persons. The need for our services is great.

We are glad we can make the home delivered meal service available. However, the total cost of providing the meals is more than the funding we receive. That's why we have a suggested contribution schedule. We ask all participants to contribute toward the meals they receive.

The actual cost of a home delivered meal is \$5.85.
The suggested contribution schedule is \$3.00 to \$5.85.

We ask you to choose an amount to contribute based on your own ability to pay. You will receive a reminder for that amount at the beginning of each month (for the previous month). Please mail your check to:

HD Meal Program
c/o Sheryl Hutchinson
1208 W. Marion Street
Manchester, IA 52057

TWO ADDITIONAL WAYS YOU CAN HELP

Did you or someone you love benefit from the meal program? Did you benefit from other services provided by our staff? Please consider:

- A bequest or legacy to Scenic Valley Area VIII Agency on Aging in your will.
- A cash gift to Scenic Valley Area VIII Agency on Aging. (Cash gifts are tax deductible. A contribution for meals received is not tax deductible.)

INFORMATION FOR PARTICIPANTS

ELIGIBILITY DETERMINATION

Your eligibility is determined by the site manager at the Delaware County Senior Center (Golden Age Activity Center) when you begin receiving the meals and at least every six months thereafter by Scenic Valley Area Agency on Aging. **You must agree to stop receiving meals as soon as your health permits and you are no longer eligible.**

ELIGIBILITY CRITERIA

- Participants must be age sixty or older, **and** physically or mentally unable to prepare or provide for their own nutritional needs, **and** unable to use a vehicle or transportation system or walk to a food establishment, **and** no one else is willing and able to prepare a nutritious meal for the participant.
- Participants must be able to eat their meal and arrange for whatever assistance and supervision is needed during meal time.
- A spouse or disabled individual living with an eligible person may also receive home delivered meals. These individuals must meet the other eligibility criteria except for age, and the meal must be in the best interest of the eligible person.
- The Delaware County Senior Center must be able to provide a meal that meets the individual's dietary needs. (This means that some persons with unusual dietary needs may not be able to receive a meal because the correct type of food cannot be prepared.) We must be able to assure the food is at the proper temperature when it is delivered. (This means we need to limit our delivery area. Of course deliveries also depend upon the availability of volunteers!)

To cancel your meal for the day, call the Delaware County Senior Center at 927-5473 before 9 am.